

DEPARTMENT OF LIFELONG LEARNING

SYLLABUS FOR THE SESSION 2026-27

One Year Diploma Course in Fashion Designing (FD)



GURU NANAK DEV UNIVERSITY, AMRITSAR

The **Diploma Course in Fashion Designing (FD) One-Year Course** is being run under the Department of Lifelong Learning, Guru Nanak Dev University, Amritsar. The course is of one-year duration, and the examination is conducted only once at the end of the academic session. After successful completion of the course and passing the final examination, a candidate shall be awarded the Certificate Course in Fashion Designing by the Department of Lifelong Learning, Guru Nanak Dev University, Amritsar.

Note:

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- **Defaulters will be prosecuted.**

One Year Certificate Course in Fashion Designing (Session: 2026-27)
Department of Lifelong Learning, Guru Nanak Dev University, Amritsar

PROGRAMME OBJECTIVES

The objectives of this programme are to:

- Provide fundamental knowledge of stitching techniques including hand sewing and machine sewing.
- Develop skills in garment construction, including seams, finishing and pattern handling.
- Introduce students to various types of embroidery techniques for decorative and creative purposes.
- Train students in fashion sketching to visually communicate design ideas effectively.
- Develop understanding of human body proportions, figure drawing and garment detailing.

PROGRAMME OUTCOMES

After completing this programme, students can explore the following career paths:

- Fashion Designer (Assistant/Junior Level)
- Boutique Owner
- Tailor / Professional Garment Stitching Expert
- Embroidery Designer / Hand Embroidery Specialist
- Fashion Illustrator / Sketch Artist
- Garment Production Assistant

Prof. Varinder Kaur
Chairperson

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Department of Lifelong Learning, Guru Nanak Dev University, Amritsar

ORDINANCES

- 1. Duration of Course :-**
 - a. Examination will be held once at the end of course after one year as per G.N.D.U schedule.
- 2. Eligibility :-**
 - a. Only for Girls.
 - b. The candidate who have passed 12th Class examination with minimum 35% marks .
- 3. Mode of Admission :**
 - a. The admission will be made by a committee constituted by the Worthy Vice-Chancellor strictly on the basis of the merit of the candidates in 12th class.
 - b. If any of the admitted student remains absent consecutively for fifteen days without prior information and permission of heading authority from the commencement of the course, the name of such candidate shall be struck off from the rolls of the department and the next candidate on the waiting list in order of merit of the respective course shall be admitted in her place with the permission of the Director of the department.
- 4. Attendance Instructions:**
 - a. The students admitted to one year diploma/Six Month Certificate Course, who remain consecutively for 15 working days during the duration of the course without any information to the department their name(s) shall be stuck of from rolls of the department with the permission of Dean Academic Affairs.
 - b. The students admitted in One Year Diplomas, if they attain less than 25% of the total attendance in six months their name(s) shall be stuck of from rolls of the department with the permission of Dean Academic Affairs.
 - c. The students admitted in six month certificate courses, if they attain less than 25% of total attendance in three months, the name(s) of such students shall be stuck off from rolls of the department with the permission of Dean Academic Affairs.
 - d. Attended not less than 75% of the full course of lectures delivered and practical arranged for the class.
 - e. The Director of the department shall have the power to condone shortage of lectures in each paper up to 15% of total taken separately.
- 5. Fees:** According to the schedule, every candidate shall pay such fees to the university, as per university rules.

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6. General Instructions:-

- a. The candidate shall be eligible to appear in the examination provided :
 - (i) She bears good moral character.
- b. The examination shall be held in accordance with the syllabus prescribed by the Department from time to time.
- c. The examination shall consist of Practical and Exhibit Display.
- d. The Practical paper shall be set by examiner on the spot.
- e. The medium of instruction/examination shall be English/Punjabi/Hindi in general.
- f. The marks of exhibit display shall be based on House Test and performance of the students.
- g. The marks of exhibit display shall be submitted to the Director of the Department fifteen days before the commencement of the examination.
- h. Minimum number of marks required to pass the examination shall be 35% in each Practical/Exhibit Display separately.
- i. If the candidate Absent/Fails in one or more Practical Examination her result shall be declared Fail.
- j. The result shall be declared and published by the Department.
- k. The successful candidates shall be awarded division according to the following criteria
 - (i) Those who obtain 60% or more marks - First division.
 - (ii) Those who obtain 50% or more but less than 60% marks - Second Division
 - (iii) Those who obtain 35% or more marks but less than 50% - Third Division
- l. Each successful candidate shall be awarded a Certificate Signed by the Director of the Department showing the division and the Aggregate Marks obtained.
- m. Fee for issuing of duplicate certificate shall be decided from time to time by the approval of the worthy Vice-Chancellor.

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CRITERIA FOR ADMISSION

The Committee makes the following recommendations after deliberations: -

1.	Name of the Course	Diploma Course in Fashion Designing	
2.	Duration	One Year	
3.	Commencement of Course	July (Every Year)	
4.	Eligibility	a. Only for Girls. b. 10+2 examination from any recognized board with minimum 35% marks.	
5.	Venue	Department of Lifelong Learning, Guru Nanak Dev University, Amritsar.	
6.	No. of Seats	40 Seats	
7.	Mode of Admission	a. The admission will be made by a committee duly constituted by the worthy Vice-Chancellor strictly on the basis of the merit of the candidates in the 10+2 examination b. If any of the admitted students remains absent consecutively for fifteen days without prior information and permission of the heading authority, his/her name shall be struck-off from the rolls of the Department and the next candidate on the waiting list in order of merit of the respective course, shall be admitted in her place with the permission of the Director of the Department.	
8.	Fee Structure	Total Fee: Rs. 17650/-	
	At the Time of Admission (July 2026 -June 2027)	Rs. 17650/- (To be deposited at the time of Admission) which includes:- Admission Fee = Rs. 2200/- Examination Fee = Rs. 1400/- Tuition Fee = Rs. 13800/- Identity Card Fee = Rs. 250/-	
9.	Late fee at the time of admission	July 2026 to Dec 2027	Fees
		May 8 th 2026 to July 31 st 2026	Nil
		Aug 3 rd 2026 to Aug 11 th 2026	Nil
		Aug. 12 th 2026 to Aug 20 th 2026	Rs.3000/-
		Aug. 21 st 2026 to Aug31 st 2026	Rs. 4000/-
		Sep. 1 st 2026 to Sep.10 th 2026	Rs. 6000/-
		Sep. 11 th 2026 to Sep 18 th 2026	Rs.9000/-
Within 15 days from the date of closing of admission		Rs. 10000/-	
10.	Review of Course of Reading	The syllabus committee constituted by the worthy Vice-Chancellor will review the course of reading for the session.	
11.	Conduct of examination, evaluation & award of certificate	To be decided with the approval of worthy Vice-Chancellor.	

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SCHEME OF STUDY AND EXAMINATION

COURSE CODE	SCHEME OF STUDY		SCHEME OF EXAMINATION	
	Name of Paper	Credits/Hrs. per Week	Max Marks	Examination Hrs.
FD10	Paper-I (Theory) Fashion and Designing Concepts	6 Hrs.	75	3 Hrs.
FD102	Paper-II (Practical-I) Surface Ornamentation and Illustration	5 Hrs.	100	4Hrs.
FD103	Paper-III (Practical-II) Garment Construction	5 Hrs.	100	4 Hrs.
FD104	A report on Market Survey of Latest Trends	2 Hrs.	25	
FD105	Exhibit/Display	2 Hrs.	50	
	Total		350	

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PAPER-I (THEORY)

FD-101: FASHION AND DESIGNING CONCEPTS

Time: 3 Hrs

Max Marks: 75

Instructions for the Paper Setters:

- The paper setter is required to set 09 questions in all and the students are required to attempt 05 questions.
- First question is compulsory and will be composed of 15 short answer type questions from all the sections of one mark each.
- Section “A”, “B”, “C”, “D” consist of two questions each. Students are required to attempt one question from every section and all questions carry 15 marks each.

Course Objectives:
<ul style="list-style-type: none">• To develop fundamental understanding of fashion, design elements, and principles.• To familiarize students with sewing machines, tools, and garment construction basics.• To impart knowledge of body measurements and anthropometry.• To introduce technical terminology and fashion cycle concepts.

SECTION-A

1. Introduction to Sewing Machine

- Parts
- Care of Sewing Machine
- Defects and Remedies

2. Anthropometry (Taking body measurements)

- Definition , Procedure, Precautions while taking various measurements (Length, Width and Girth measurements).

SECTION-B

3. Equipments and Tools used for

- Drafting
- Cutting
- Stitching
- Finishing

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4. Drafting

- Definitions, Advantages and Disadvantages

SECTION-C

5. Elements of Design

- Line
- Color
- Texture
- Shape and Form

6. Principles of Design

- Balance
- Proportion
- Rhythm
- Harmony
- Emphasis & their application in design & clothing construction.

SECTION-D

7. Technical Terminology of Fashion

- Fashion
- Style
- Classic
- Fad
- Boutique
- Silhouette

8. Fashion Cycle

- Stages of Fashion Cycle

Course Outcomes:

After completing this paper, students will be able to:

- Explain basic concepts of fashion, style, and design principles.
- Identify and use sewing machines and related tools effectively.
- Take accurate body measurements using standard techniques.
- Apply elements and principles of design in clothing and fashion.
- Understand and interpret the fashion cycle and terminology.

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Reference Books:

1. Gupta, S., Garg.N., Kaur.J., Gupta. L., Text Book of Clothing, Textile and Laundry, Kalyani Publishers. 2015.
2. Sodha, M., Garment Construction, Kalyani Publishers, 2003.
3. Laver, J., Tucker, A., Haye la de Amy, Costume and Fashion, ISBN:0500203482, 2009.

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PAPER-II
(PRACTICAL-I)

FD-102: SURFACE ORNAMENTATION AND ILLUSTRATION

Time: 4 Hrs.

Max Marks: 100

Instructions for the Paper Setters:

- The paper will be set on the spot.
- Embroidery motif using minimum 3 stitches.
- Two Questions to be set.
- Students are required to attempt two questions; one from unit-I & other from unit II.

Course Objectives:

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|---|
| <ul style="list-style-type: none">• To develop skills in basic and traditional embroidery techniques.• To enhance creativity through fashion illustration and design.• To provide knowledge of color theory and its application in fashion.• To train students in theme-based design development and presentation. |
|---|

UNIT – I

PART-A

- **Basic Embroidery Stitches**
 - Chain stitch
 - Stem stitch
 - Lazy Daisy stitch
 - Running stitch
 - Satin stitch
 - Buttonhole stitch
 - French knot
 - Bullion knot
 - Herringbone stitch
 - Cross stitch

PART-B

- **Traditional Embroidery**
 - Phulkari
 - Chikankari
 - Kashmiri
 - Kantha

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UNIT-II
PART-A

• **Fashion Illustration**

- Block Figures : Basic and Fashion figure
- Basic Croquis Drawing – Female (front, back profile)
- Fashion details: Gathers , Folds, Pleats, Necklines, Yokes, Collars, Sleeves, Cuffs, Pockets
- Draping of different garments – Indian/Western dress (5 each)

PART-B

• **Colour Wheel**

- Colour Schemes
- Illustration in Textural Techniques using different mediums 5 Techniques

PART-C

• **Designing**

- Theme Designing – Inspirations from nature, seasons, objects, fabrics, toys, signs, symbols & surrounding (Any two themes)
- Illusion effects created by elements and principles of design (2 sheets)
- A report on any Fashion Designer.

Course Outcomes:

After completing this paper, students will be able to:
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- | |
|---|
| <ul style="list-style-type: none">• Execute various basic and traditional embroidery stitches and techniques.• Create fashion illustrations including croquis, garments, and detailing.• Apply color schemes and texture techniques effectively in design.• Develop theme-based creative designs inspired by various sources.• Analyze and present work inspired by fashion designers and trends. |
|---|

Reference Books:

1. Mistry, C.N, Embroidery Designs, Navneet Publications(India)Ltd.,2005.
2. Stanley, L. Bead and Sequin Embroidery Stitches, Guild of Menter Craftsman Publications Ltd.,2004.
3. John, P, Ireland, Fashion Design, Drawing and Presentation, B.T. Batsford, London, 1996.

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PAPER–III
(PRACTICAL–II)
FD-103: GARMENT CONSTRUCTION

Time: 4 Hrs.

Max Marks: 100

Instructions for the Paper Setters:

The paper will be set on the spot.

- Drafting and stitching of any one garment.
- Due importance must be laid on drafting file, sample file and scheme work of students. So that, students may be assessed on their performance through the year.

Course Objectives:

- | |
|--|
| <ul style="list-style-type: none">• To impart practical knowledge of garment construction techniques.• To train students in drafting, cutting, and stitching of garments.• To develop skills in pattern making and design development.• To provide hands-on experience in creating garments for different categories. |
|--|

- **Making samples of the following**

- **Basic hand stitches:**
 - Tacking
 - Running stitch
 - Hemming
 - Back stitch
 - Button hole stitch
- **Seams:**
 - Plain seam
 - Flat seam
 - Run & fell seam
 - French seam
 - Counter hem
- **Fasteners:**
 - Buttons
 - Hooks
 - Zipper

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- **Plackets:**
 - Continuous wrap
 - Two piece placket/extended placket
- **Pockets:**
 - Patch pocket
 - Kangaroo pocket
 - Inseam pocket
- **Neckline Finishes:**
 - Bias piping
 - Facing-Bias and Shaped
- **Stitching Details:**
 - Gathers
 - Tucks
 - Darts
 - Pleats
- **Taking Measurement/Drafting**
 - Drafting of Basic bodice block of a child and adult.
 - Drafting of Sleeves – Plain, puffed, flare, cap, Magyar, Shirred.
 - Drafting of Collars – Peterpan, cape, Baby Collar, sailors, shirt, Chinese.
- **Drafting of Frocks**
 - A line Frock
 - Gathered / Circular Frock
- **Drafting of Skirts**
 - Basic
 - Pleated (knife, box, inverted)
- **Design development along with drafting and construction of the following garments**
 - Kids – Romper/Jump suit, Party wear Frock or Skirt top
 - Ladies Garments – Salwar Kameez, kalidar Kurta, Designer Blouse, Night wear
 - Garment construction using Renovation Techniques

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Course Outcomes:

After completing this paper, students will be able to:

- Perform basic hand stitches, seams, and finishing techniques.
- Draft patterns for garments including bodice, sleeves, collars, and skirts.
- Construct garments for children and women using standard methods.
- Apply various garment detailing techniques like pleats, darts, and gathers.
- Develop innovative garments using renovation and design techniques.

Reference Books:

1. Gupta.S.,Garg.N., Kaur.J., Gupta.L., Text Book of Clothing,Textile and Laundry,Kalyani Publishers, 2015.
2. Sodia.M., ,Garment Construction, Kalyani Publishers, 2003.
3. Mullick, P., Latest Edition, Garment Construction Skills, Kalyani Publishers.
4. Armstrong. J.H., ,Pattern Making for Fashion Design, Prentice Hall. 2005.

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FD104
A Report on Market Survey of Latest Trends

Max Marks: 25

Students will do a survey on latest trends and fashion and prepare a file.

- Accessories
- Trimmings
- Laces
- Fabrics
- Designs etc.

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FD105
Exhibit/Display

Max Marks: 50

Exhibit and display of the articles prepared by the students during the session

- Baby Garments
- Adult Garments
- Embroidery Articles
- Dupattas
- Cushions
- Key Chain
- Designer Suits .
- Fashion Illustration
- Different types of color medium used for fashion illustration.
- Illustration of different dresses
- Theme based Illustration

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PANEL OF EXAMINERS

The panel of examiners recommended by the syllabus committee for the annual examination of Certificate Course in Fashion Designing (One Year) at University Campus, Amritsar the session 2026-27 and for re-appear examination to be held as per the ordinance:

1. Mrs. Harpreet Aneja, Assistant Professor,
RR Bawa DAV College for Girls, Batala.
Phone Number: 9465273537,
Email ID: anejaharpreet77@gmail.com

2. Mrs. Sharina, Assistant Professor,
Khalsa College for Women, Amritsar.
Phone Number: 877043330,
Email ID: mahajansharina@gmail.com

3. Ambica Khurana, Assistant Professor,
Khalsa College for Women, Amritsar.
Phone Number: 8837643781,
Email ID:

4. Mrs. Cheena Gupta, Assistant Professor,
BBK DAV College for Women, Amritsar.
Phone Number: 9216770000,
Email ID: creativecheena444@gmail.com

5. Mrs. Jasmeet Kaur, Assistant Professor,
Khalsa College, Amritsar.
Phone Number: 8968029999,
Email ID: jasmeet_kaur1789@yahoo.com

6. Mrs. Neeti Anand, Assistant Professor,
Apparel and Textile Technology, GNDU, Amritsar.
Phone Number: 9914530463,
Email ID: anand_niti@yahoo.com

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